



# Amy Gibson

Gymnastics Coach/  
Party Coordinator

**Hometown:** Westminster, CO

**Birthday:** July 5

**My Experience/Education Includes:** I was a gymnast since the age of 6 and did gymnastics through high school competitively with the Boulder Flyers and Boulder High School. Afterwards, I taught at the North Boulder Recreation Center before moving on to other careers. I have been working at Mountain Kids for 12 years.

**I love Mountain Kids/MCDA because:** I love kids and gymnastics so much. I love teaching kids and making a difference in their lives every week. I love watching them grow and learn and have fun in class.

**My teaching philosophy is:** you need to listen, be patient, and have fun with the kids. They learn so quickly and if they are having fun, they are learning. Kids gain so much from gymnastics and their teachers; their brains are working as well as their bodies. They can gain self-awareness, body awareness, strength, balance, coordination and so much more.

**In my free time I like to:** spend time with my husband, children, horse and dogs. I love the outdoors and watching my kids play sports, especially my daughter who now plays soccer in college. I have 3 kids and a step daughter who are 24, 21, 18 and 15. I am very passionate about my pets, and spending time with my horse at the barn is my favorite place, my happy place.

**If I were an animal I would be a horse or a dog because:** they are so intelligent and loving. Both are extremely devoted and I try to be that every day!

