



Lauren Huefner

Gymnastics Coach

Hometown: Medina, OH

Birthday: September 5

My Experience/Education Includes: I studied Journalism at Ohio University. In the gymnastics world, I competed in compulsory and optional levels growing up, and coached recreational level classes through high school and college.

I love Mountain Kids/MCDA because: We have great people here! Staff, gymnasts and parents!

In my free time I like to: Go rock climbing

