

DECEMBER KINDNESS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						Try to smile at everyone you see today	
Help your parent or grandparent with a chore	Sit by someone at lunch that you dont normally sit by	Leave a note or drawing for your mailman	Compliment a friend	Tell a teacher or baby sitter three things you like about them	Let someone go ahead of you in line	Hug everyone who lives in your house	
Visit a pet store or animal shelter and pet the animals	Compliment a stranger	Talk to a classmate you've never talked to before	Try to tell at least five people to "Have a nice day!"	Leave a note or a treat for your neighbors	Write a letter to someone you love	Hold the door open for someone	
Donate old toys to charity	Call someone in your family you haven't talked to in a long time	Write nice notes and leave them in public for strangers to find	Donate old clothes to charity	Make a list of nice things about each of your family members	Make a coupon book for your mom or dad of helpful things	Be extra nice to your brother or sister	
Offer to help a friend or neighbor with a chore	Tell someone you llove them	Feed the birds	Draw pictures or write a note to give to people in a nursing home	Pick up trash in your neighborhood	Mail a note to a soldier	Help your parent or siblings with a chore	
Share a toy, book, or snack with a friend	Make a list of all the ways you can be kind to others in 2018			NINJAZONE			



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