



Eden Zenger

Gymnastics Coach/
Dance Instructor

Hometown: Cheyenne, WY

Birthday: July 25

My Experience/Education Includes: I have a Bachelor's Degree in Human and Child Development from Brigham Young University. I also have over nineteen years of experience in gymnastics, dance, and cheerleading. At the age of 17, I left home after graduating high school to join a performing group in Illinois. I have since done thousands of performances and competitions and have been featured as a performer in multiple commercials, ads, websites, and TV shows.

I love Mountain Kids/MCDA because: Mountain Kids/MCDA has a great focus on helping students develop skills that will aid them beyond their experience in our facility. Mountain Kids strives to create an environment in which each student gains greater coordination, self-confidence, strength, social skills, work ethic, and determination. These skills will give them the tools they need to live a healthy lifestyle and be successful in their future goals.

My teaching philosophy is: I hope to influence my students' lives by giving them the tools they need to be successful and enjoy a lifetime of artistic appreciation and expression.

In my free time I like to: Ride my horse Takota, sing, play the piano and harp, lift weights, and eat pickles.

My favorite place to go is: Up in the mountains with my horses.

If I were an animal I would be a bear because: they hibernate and I LOVE to sleep!

