



Jenn Esposito

Gymnastics Coach

Hometown: Milford, CT

Birthday: February 9

My Experience/Education Includes: I was a gymnast for 15 years and have taught gymnastics for 11 years. I've worked at many different gyms throughout the years both in Colorado and in Connecticut.

I love Mountain Kids/MCDA because: Everyone here makes me so happy! Whenever you walk into the door at Mountain Kids there are always smiling faces everywhere and tons of happy excited energy. I love watching all the kids gain new skills, friends & confidence. Gymnastics has been such a big part of my life, I love the sport & teaching others!

My life philosophy is: You can do anything you set your mind to, it just takes confidence and dedication.

In my free time I like to: hula hoop, go to concerts, take long drives in the mountains, go cycling, run, cook, & go camping as much I can!

My favorite place to go is: into the mountains!

If I were an animal I would be a chipmunk because: I love to be outside and in the fresh mountain air; I'm constantly on the move!

