



Kaitlyn Lawrence

Dance Instructor

Hometown: Chicago, IL
Birthday: November 3

My Experience/Education Includes: I am currently pursuing a Bachelor of Fine Arts in Dance and a Bachelor of Arts in Integrative Physiology.

I love Mountain Kids/MCDA because: the students are the best! Creativity and self-expression are things that I value as an artist and this is a place where both of those things can be explored at a young age.

My teaching philosophy is: that dance is a multidimensional art form. There is not one “right” or “better” style of dance; all are valid in their own way. I also believe in a somatic approach to teaching and am passionate about training dancers not only in technique but also in injury prevention.

In my free time I like to: read books and go to yoga.

My favorite place to go is: Chicago!

If I were an animal, I would be a monkey because: I am serious when I need to be but I also like to have fun and be goofy!

